

Consider the Lilies

Jonny Ardavanis

Finding Perfect Peace in the Character of God

I have found *Consider the Lilies* to be one of the most practically helpful books on anxiety and God's character I have read. Jonny Ardavanis gives us more than good teaching about anxiety. He helps us use our anxiety as a call to consider who God is and trust Him.

God is good. He is in control. And if we belong to Christ, we are His children, purchased and adopted in love at the immeasurable cost of His Son's death on the cross. When Jesus tells us to "consider the lilies" (Matthew 6:28), He directs us to the character of the Father who clothes them. If He cares for the flowers, how much more will He care for His children?

This is the solution to our anxiety problem: faith in our trustworthy God.

Suggested One-Month Reading Plan

(Approximately 6 pages per day)

Week 1: Sep 28–Oct 4

Foreword and Introduction

1. Earth: A Painful and Confusing Place
2. Perfect Peace?
3. Embodied Beings

Week 2: Oct 5–11

4. The Spiritual Physician
5. Your Mind Matters
6. Knowing Abba
7. Forever Himself, Forever Good

Week 3: Oct 12–18

8. Infinite Understanding
9. Above All

Week 4: Oct 19–25

10. Lavish Love
11. Our Present Refuge
12. The One Who Hears
pp. 171–182

Week 5: Oct 26–Nov 1

12. The One Who Hears
pp. 182–191
13. Mission, Family, Future
14. Rejoicing on Repeat

The best time to prepare for trials is before they come. Peter tells us to supplement our God-given faith with virtue and knowledge (2 Peter 1:5). This book will help you greatly if you are in the midst of a trial, but if anxiety is not a struggle for you now, get this book to help prepare for the tests your Father will assuredly bring you in love.

I really want everyone at GBC to read this book in October. Read it with your Bible open. This would be a good one to read with a spouse, child, or friend. Grace Bible Church will grow in faith, godliness, and peaceful trust if we read this book together in October. —Jacob Hantla, Pastor/Elder

QUOTES

"As we look to the Bible and examine what God has to say about worry and anxiety, one powerful, comforting, and transforming truth emerges: gazing at God's glorious character is the pathway to peace."

Introduction

"our faith grows not as we keep our eyes on faith itself but as we fix our eyes on Jesus Christ." [Chapter 5](#)

"And the peace of God does not come from denying trouble but by bringing our trouble to God." [Chapter 12](#)

