

# BATTLE FOR THE MIND

8.8

8.9

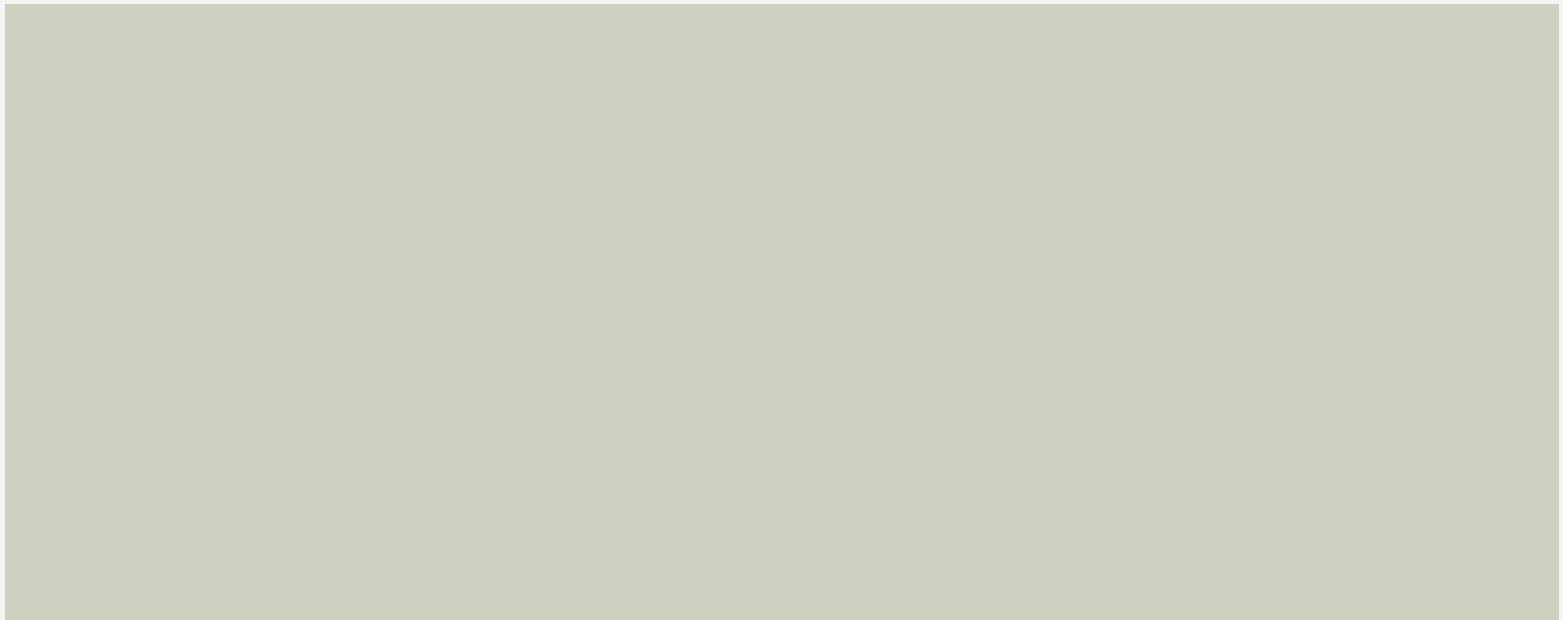


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GRACE BIBLE CHURCH

WOMEN'S CONFERENCE 2025

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## CAMERON DODD

Cameron is an author, speaker, and happy mom to four kids. She currently works as an education specialist at Sagebrush Coffee, although in the past she has been a wife, a mom, a communications director, a Spanish teacher (to children!), and a missionary.

But her favorite role is being a child of God and a servant of her Lord Jesus Christ, who loved her and gave Himself for her.

May He receive all the glory from her life!

# speaker

# information

## schedule

### friday

5:30pm - registration & light refreshments

6:15pm - session 1

### saturday

8:00am - coffee & fellowship

9:00am - session 2

11:15pm - lunch

12:30pm - session 3

2:15 - break

2:30pm - session 4 - q&a

### q&a

scan the qr code below to submit a question for the q&a with Cameron, Janet & Smedly during session 4.



# women's ministry

## wellspring

wednesdays 9:15-11:15a

janet@gbcnaz.org or melissa@gbcnaz.org

august 27	january 7
september 10	january 21
september 24	february 4
october 8	february 18
october 22	march 4
november 5	march 18
november 19	april 1
december 3	april 15

saturdays 7-9a

dena@gbcnaz.org or lorie@gbcnaz.org

august 30	january 10
september 13	january 24
september 27	february 7
october 11	february 21
october 25	march 7
november 8	march 21
november 22	april 4
december 6	april 18

## wellspring kids

info@gbcnaz.org

signups close  
Sunday, August 10th

# Women's ministry

## digging deeper

[chris@gbcaz.org](mailto:chris@gbcaz.org) or [sarah@gbcaz.org](mailto:sarah@gbcaz.org)

## helping hands

[info@gbcaz.org](mailto:info@gbcaz.org)

## mentoring

[chris@gbcaz.org](mailto:chris@gbcaz.org)

## mom's group

[moms@gbcaz.org](mailto:moms@gbcaz.org)

## prodigal prayer

[lorie@gbcaz.org](mailto:lorie@gbcaz.org)

## women of grace 7-9p

[womenofgrace@gbcaz.org](mailto:womenofgrace@gbcaz.org)

September 5

November 14

January 30

March 27

# session1

## Pulling in Our Loose Thoughts

1 Peter 1:13

Introduction:

The Christian life is a \_\_\_\_\_ life.

The battle for the Christian life is won or lost in our \_\_\_\_\_.

Two Dangers We Fight Against in Our Thoughts:

1. \_\_\_\_\_

2. \_\_\_\_\_ with This World



# reflection1

Spend some time on your own  
responding to what you learned in  
this session

# discussion questions 1

1. Remembering Eve's example, are there areas in your life where you believe you can determine right and wrong on your own? How can you combat this?
2. Do you see your mind as a battlefield where the battle for the Christian life is won or lost? In what areas have you been neglecting this? How can you change this?
3. In light of how often the Bible says to "think", 'consider', 'meditate', how are you obeying these commands? How often do you call truth to mind in your everyday life? Are there ways in which this needs to change?
4. Are there ways in which you are tempted to let others think for you (ChatGPT, movies, TV, books, podcasts, etc.) when it comes to your worldview or how to navigate practical matters of life? How can you fight to think for yourself according to God's Word instead?
5. In what areas are you tempted to have 'loose' thoughts? How can you pull these thoughts in tightly and tether them to God's Word?
6. How often do you call to mind the fact that Jesus could return any moment? Does this thought seem like an interruption to your life or like the best thing ever? Are there thought habits in this area that need to change?
7. Are there things in your life that cause you to become intoxicated with this world, or dull to spiritual things? How can you wake yourself in order to stay alert to these dangers?

# session 2

## Living Like We're Not Here Colossians 3:1-4

Introduction:

1. Indicative: Your \_\_\_\_\_ is Not Here

2. Imperitive: (therefore) \_\_\_\_\_ Your Mind Where It Is

3. Implication: (and as a result) Your Life Will Reflect Your \_\_\_\_\_

# reflection2

Spend some time on your own  
responding to what you learned in  
this session

# discussion questions<sup>2</sup>

1. Recall when God saved you. In what ways did you see your old life die? In what ways did you see new life raised up? How can the knowledge of being united with Christ change/affect your everyday life?
2. Examine yourself: Are your aims and purposes, your thoughts and intentions, your hopes and plans for the future aimed towards Christ? Are there any that are more earth-bound?
3. Honestly assess your thoughts: where is there a 'straining forward to what lies ahead' in heaven within you? How often does the reality of heaven impact your everyday life and thoughts?
4. Has the center of your life changed to be Christ or does your life still revolve around other things? Are there ways in which this needs to change?
5. What do you think about when you have nothing else to think about? Where do your thoughts tend to drift? How can you direct them more to Christ?

# session 3

## Sifting Our Thoughts with Truth

Hebrews 4:12

Introduction:

What We Must Sift Through the Sieve of God's Word:

1. \_\_\_\_\_ and \_\_\_\_\_ of Our Heart (Heb 4:12)

2. \_\_\_\_\_ (Mt. 6:25-34)

3. \_\_\_\_\_ (James 1:2)

4. The \_\_\_\_\_ of the \_\_\_\_\_ (Rom 12:2, Phil 4:8)



# reflection3

Spend some time on your own  
responding to what you learned in  
this session

# discussion questions3

1. Think of a situation in your life recently where a decision had to be made—was the Bible the primary grid through which you thought through it? Why or why not?
2. Proverbs 3:5 says, “Trust in the Lord with all your heart, and do not lean on your own understanding.” Are you more prone to trust yourself or distrust yourself when it comes to everyday life? Is there a situation in your life where this principle needs to be applied?
3. Honestly assess your heart: are there any corners or closets where you are protecting or tolerating sin? What truth can you bring to bear in order to expose it to the light of God’s Word and repent?
4. Where in your life are you tempted to adopt a ‘what if’ mentality when it comes to worry/uncertainty/fear of man, etc.? How can you reason with your heart with truth about God’s character and promises to turn this into an ‘if, then’ mentality?
5. Think of a time recently when something difficult happened or something did not go your way. What was the leading thought in your mind? How can you apply faith in thinking (applying what you know to be true) to that circumstance?
6. What attributes of God make Him especially worthy of your trust in all things (goodness, sovereignty, holiness, power, love, etc.)? How can these attributes transform a difficult situation in your life?
7. In what areas are you tempted to be conformed to the world? How often do you intentionally fill your mind with that which Philippians 4:8 commands (that which is true, honorable, just, pure, etc.)? What thought habits can you change to help strengthen you in this area?

# session 4

Q&A





